

January 2019

Lamoille Union/GMTCC

Lunch Menu



Available Everyday

Create your Own Sandwich Bar

Assorted Deli Meats, Cheeses
and Lots of Veggie Toppings

Soup and Salad Bar

Fresh, homemade soups and specialty salads

Includes Fruit and Milk for a Complete Meal!

Monday/Wednesday/Friday Pasta Bar

Changing selection of pasta and sauce.

Tuesday/Thursday Pizza Station

Pizzas, Flatbreads, Pizza Sticks...

Pizza and Pasta Bars Include Salad, Fruit and Milk
for a Complete Meal!

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Happy New Year! No School	2 Grill: Chicken Tenders & Potato Wedges Chef's Special: Baked Ham & Scalloped Potatoes	3 Grill: Greek Chicken Gyro w Tzatziki Sauce Chef's Special: Macaroni & Cheese	4 Grill: Szechuan Orange Chicken/Brown Rice Chef's Special: Meatball Subs
7 Grill: Pulled Pork Sliders w Slaw Chef's Special: Tanzanian Pili Pili Chicken, Beans & Pilau Rice	Grill: Teriyaki Glazed Salmon Burger w Sweet Potato Fries Chef's Special: Chicken Parmesan w Pasta & Marinara	9 Grill: Quesadillas/ Mexican Rice Chef's Special: Shepherd's Pie	10 Grill: Sloppy Joes /Fries Chef's Special: Curry Chicken w Rice	11 Grill: Philly Cheese Steak/Onion Rings Chef's Special: Chicken Alfredo
14 Grill: Pesto Chicken & Cheese Sandwich/Sweet Potato Fries Local Lamoille Lunch: Bosnian Moussaka (potato, beef bake)	15 Grill: Fajitas/ Mexican Rice Chef's Special: Fish and Chips	16 Grill: Nachos Grande Chef's Special: Pancakes Homefries, Sausage	17 Grill: Chili Dogs/Tater Tots Chef's Special: Maple Rosemary Chicken w Rice Pilaf	18 Grill: Mozzarella Bread Sticks w Marinara Chef's Special: Meatloaf , Gravy & Mashed Potato
21 No School	22 Grill: BBQ Grilled Chicken Sandwich w Slaw Chef's Special: Chicken and Biscuits	23 Grill: Italian Stromboli Chef's Special: Coconut Crusted Redfish Po Boy	24 Grill: Burgers & Fries Chef's Special: Macaroni & Cheese	25 Grill: Chicken Tenders & Potato Wedges Chef's Special: Beef Stroganoff
28 Grill: Vermonter Panini Caprese Panini Chef's Special: Roasted Chicken Mashed Potato	29 Grill: East African Sambusas with Kachumbali Salad Chef's Special: Spaghetti with Meatballs	30 Grill: Taco Bar Chef's Special: Cheese Ravioli Bake	31 Grill: Grilled Cheese Chef's Special: Chicken Shawarma in Pita	