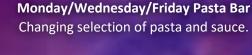
Available Everyday

Create your Own Sandwich Bar Assorted Deli Meats, Cheeses and Lots of Veggie Toppings

Soup and Salad BarFresh, homemade soups and specialty salads

Includes Fruit and Milk for a Complete Meal!



Tuesday/Thursday Pizza Station Pizzas, Flatbreads, Pizza Sticks...

Pizza and Pasta Bars Include Salad, Fruit and Milk for a Complete Meal! Milk: 1%, Skim, Fat Free Chocolate

























Meal Prices Student: \$3.00 Free: \$0.00 Reduced \$0.00 Adult: \$4.00

February 2019 Lamoille Union/GMTCC

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Grill: Popcorn Chicken & Fries Chef's Special: Crispy Acadian Redfish, Rice Pilaf
4 Grill: Cajun Grilled Chicken Sandwich w lettuce/tomato & special sauce Chef's Special: Italian Calzones w Marinara	5 Grill: Taco Bar Meat, Beans, Spanish Rice Chef's Special: Cheese Lasagna	6 Grill: Philly Cheese Steak with Oven Fries Chef's Special: Turkey and Biscuits	7 Grill: Burgers & Fries Chef's Special: Macaroni & Cheese	8 Grill: General Tso's Chicken/Brown Rice Chef's Special: Meatball Subs/ Onion Rings
11 Grill: Vermonter Panini Caprese Panini Chef's Special: Barbeque Chicken Mashed Potato/Sweet Corn	12 Grill: BBQ Pulled Pork Sandwich/Slaw Chef's Special: Chicken Parmesan w Pasta & Marinara	13 Grill: Quesadillas/ Mexican Rice Chef's Special: Shepherd's Pie Garlic Roll	14 Grill: Sloppy Joes /Fries Chef's Special: Curry Chicken w Rice	15 Grill: Chicken & Waffles Chef's Special: Chicken Alfredo
Roll 18 Grill: Pesto Chicken & Cheese Sandwich/Sweet Potato Fries Chef's Special: Meatloaf, Mashed Potatoes, Roll	19 Grill: Fajitas/ Mexican Rice Chef's Special: Fish and Chips	20 Grill: Nachos Grande Chef's Special: Pancakes Hash browns, Sausage	21 Grill: Chicken Tenders/fries Chef's Special: Turkey a la King with Rice	22 Grill: Chili Dogs Chef's Special: Our Greatest Hits
25 No School	26 No School	27 No School	28 No School	29 No School

