

# Lamoille Breakfast Menu

## Winter 2018

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|--|--|--|--|
| <b>Big Breakfast</b><br>Eggs<br>Bacon/Sausage<br>Home fries<br>Toast/Eng. Muffins<br>Juice/Milk  | <b>Breakfast</b><br>Sandwiches/Burritos<br>Egg, Meat & Cheese<br>on Bagel or Eng.<br>Muffin  | <b>Pancakes or French<br/>Toast</b><br>VT Maple Syrup<br>Sausage or Ham  | <b>Big Breakfast</b><br>Eggs<br>Bacon/Sausage<br>Home fries<br>Toast/Eng. Muffins<br>Juice/Milk  | <b>Breakfast</b><br>Sandwiches/Burritos<br>Egg, Meat & Cheese<br>on Bagel or Eng.<br>Muffin  |
| <b>Everyday Breakfast</b><br><b>Bar</b><br>Fruit & Yogurt<br>Smoothies<br>Bagels w Cr Chz<br>Assorted Pastries<br>Cereal<br>Oatmeal<br>Yogurt Bar<br>Fresh Fruit<br>Juice<br>Milk<br>Hot Chocolate<br>Coffee | <b>Everyday Breakfast</b><br><b>Bar</b><br>Fruit & Yogurt<br>Smoothies<br>Bagels w Cr Chz<br>Assorted Pastries<br>Cereal<br>Oatmeal<br>Yogurt Bar<br>Fresh Fruit<br>Juice<br>Milk<br>Hot Chocolate<br>Coffee | <b>Everyday Breakfast</b><br><b>Bar</b><br>Fruit & Yogurt<br>Smoothies<br>Bagels w Cr Chz<br>Assorted Pastries<br>Cereal<br>Oatmeal<br>Yogurt Bar<br>Fresh Fruit<br>Juice<br>Milk<br>Hot Chocolate<br>Coffee | <b>Everyday Breakfast</b><br><b>Bar</b><br>Fruit & Yogurt<br>Smoothies<br>Bagels w Cr Chz<br>Assorted Pastries<br>Cereal<br>Oatmeal<br>Yogurt Bar<br>Fresh Fruit<br>Juice<br>Milk<br>Hot Chocolate<br>Coffee | <b>Everyday Breakfast</b><br><b>Bar</b><br>Fruit & Yogurt<br>Smoothies<br>Bagels w Cr Chz<br>Assorted Pastries<br>Cereal<br>Oatmeal<br>Yogurt Bar<br>Fresh Fruit<br>Juice<br>Milk<br>Hot Chocolate<br>Coffee |
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